

# Rockwell Elementary School Newsletter



## JANUARY-2025

### Welcome Message

Happy New Year!

I hope that you all enjoyed some with your families over the last few weeks. As much as I enjoyed spending time with my family over the break, it is so wonderful to see the halls of Rockwell filled with students and staff again. The students have so much to share regarding all of the fun adventures they had with you over the break.

Our school has been the recipient of many generous donations over the past few months. Do not hesitate to reach out to us if your child is in need of outdoor gear to be able to enjoy their recess time with their friends more. Thank you to everyone who has shown their kindness through these donations. Rockwell is so fortunate to have great families who truly take care of each other.

Welcome Back and Happy New Year!  
Ms. Walden



**Jennifer Walden**

Rockwell Elementary School Principal  
School District of Fort Atkinson



920.563.7818  
FortSchools.org

Rockwell Elementary School  
821 Monroe Street, Fort Atkinson WI

"Achieving distinction in all we do"



### One Team, One District, One Community

Fort Atkinson High School | Fort Atkinson Middle School  
Barrie Elementary | Luther Elementary | Purdy Elementary | Rockwell Elementary



The School District of Fort Atkinson Board does not discriminate on the basis of race, color, religion, national origin, ancestry, creed, pregnancy, marital status, parental status, sexual orientation, sex (including transgender status, change of sex or gender identity), or physical, mental, emotional, or learning disability ("Protected Classes") in any of its student programs and activities.



## Calendar of Events: January

We hope you can join us!

January 3rd: Spirit Day!

January 7th: PTO Meeting, 6pm

January 17th: No School

January 23: PTO Rollerblade Night - Novice Skaters 5pm-6pm, Advanced 6pm-7pm

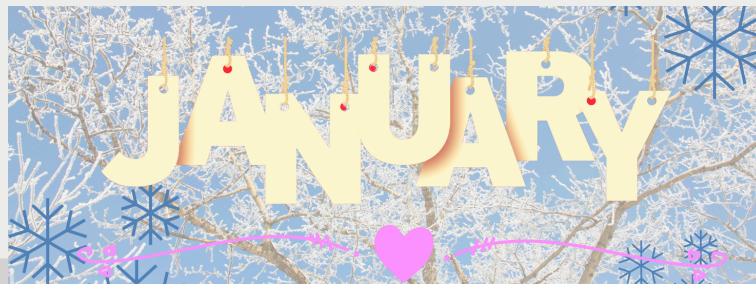
January 24th: Report Cards come home

January 27th: Early Dismissal at 1:30pm

January 28th & January 30th: Family Teacher Conferences

January 29th: June & January Birthday Lunch

January 31st: Safety Patrol Lunch at McDonalds





## PTO News

Happy New Year! We are so thankful for all our Rockwell families and the support you have given us. In December we enjoyed our Dine-Out night at McDonalds, and sold poinsettias. The poinsettias were a beautiful addition to our winter concerts.

Our next fun event will be Rollerblading Night! We are hosting this event on **Thursday, January 23rd**. There will be two sessions; novice skaters 5pm to 6pm, and advanced skaters from 6pm to 7pm. Tickets can be purchased ahead of time (forms will come home in your student's folder) and at the door. There will be concessions available for purchase as well!

We will be finalizing our Rollerblade Night planning, as well as discussing future events at our next meeting; Bingo, the Talent Show, a spring picnic and more! Please consider joining us on **January 7th** to learn more about how you can get involved in making our school a great place! If you would like to get in touch with the PTO for any reason, please feel free to email us at [rockwellpto@fortschools.org](mailto:rockwellpto@fortschools.org). See you on January 7th!

## Report Cards & Family Teacher Conferences



Report Cards will be coming home with your student(s) on **Friday, January 24th**. Please keep the report, sign the envelope, and return it to school.

Family Teacher Conferences will be held on the evenings of **January 28th and January 30th**. You will be receiving an email very soon asking that you choose your preferred date and time for your conference. Every effort will be made to honor these requests so that you all have the opportunity to hear all the wonderful things your child(ren) has been learning!



## Open Enrollment

APPLICATION PERIOD IS FEBRUARY 3RD TO APRIL 30TH

Open Enrollment is the process of applying to attend a non-resident school district in the State of Wisconsin. The Open Enrollment application window is February 3rd to April 30th at 4pm. For families now living in our district who may be considering moving out of our district but wish for their children to remain enrolled with Fort Schools or for parents from other districts wanting to enroll their students in our district, applications must be submitted online at [dpi.wi.gov/openenrollment/applications](https://dpi.wi.gov/openenrollment/applications) during the application window. Paper applications are also available at the District office. Please contact the superintendent's assistant, Lisa Haas, at 920-563-7807 for more information on open enrollment. Any applications coming in after the deadline cannot be accepted per the open enrollment laws, so please mark your calendars and let us help you if you need assistance.

## Semester 2 Milk

Semester 2 begins on January 20th. If you did not previously pay for 2nd semester milk and your child(ren) would like to continue (or begin) having milk with their snack in their classroom, a \$35 payment is due **Friday, January 24th**. If your child(ren) qualifies for free or reduced meals, they will continue to receive their snack milk at no cost. If you are unsure if you've paid for Semester 2 Milk, you may check in your SchoolPay account, or call Mrs. Radloff in the main office.



## Rockwell Snow Policies

Students at Rockwell love playing in the snow at recess! To keep all students safe and dry, there are a few rules that need to be followed. Students in grades K-3 must have snowpants and boots in order to play in the snow. If they are not wearing both items, they are expected to remain on the blacktop. Students in grades 4 & 5 may leave the blacktop if they are wearing boots, but are expected to keep their pants dry if they are not wearing snowpants. All snow must remain on the ground in order to keep all students safe. And lastly, we ask all students to be respectful of other students' snow sculptures. There are no "snow police," so we are counting on students to do the right thing.





## Safety Patrolers of the Month

Each month, two Safety Patrollers are chosen to attend a special lunch with other patrollers and principals in our district. Students are chosen for being great role models and leaders. In December, Aleyda Cervantes Jaramillo and Savannah Welke were treated to lunch at Culvers.



## Lost and Found



The Lost and Found is located outside of Mrs. Wohlbedacht's office. If your child has misplaced anything, they should check here! Items with your child's name in them will be returned, but if there is no name, we cannot find their rightful owner! Valuable items such as glasses, jewelry, keys, or toys are held in the office for a short period of time. If you are missing any of these types of items, please let us know and we can look for you! Items in the Lost and Found are packed up and donated throughout the school year, so be sure to stop in and check for any missing items!

## Please Be Prepared

Thank you to everyone who has kept an extra set of clothing in your child's backpack for "just in case" situations. From spills, art class mishaps to accidents, there are many reasons your child may need to change their clothes while at school. The office does have some clothing available, but it is impossible to have every size available at all times. If your child does borrow clothes from the office, we kindly ask that you wash and return them, so we may continue to provide them to anyone who may need them.





## Inclement Weather

Winter in Wisconsin is sure to bring some inclement weather that may affect your child's school day! In addition to Blackboard Messages, you can find closure and delay updates in the following places:

- AM 940 WFAW / WSJY-FM 107.3 / KOOL FM 106.5 WKCH
- WSLD 104.5
- WISC-TV - Channel 3000 (Madison)
- WKOW 27 (Madison)
- WMTV-NBC 15 (Madison)
- 94.5 WKTU Country / 620 WTMJ / TODAY'S TMJ4 (Milwaukee)
- Weather Watch 12 (Milwaukee)
- Fox 6 (Milwaukee)
- CBS 58 (Milwaukee)

## Band & Orchestra News

Now that you've had a chance to see and hear more about what band and orchestra is all about, consider attending a Booster Meeting!! The Booster Meetings are brief and we discuss fundraisers and ways to improve what we already do. We only meet a handful of times a year, for about an hour each time. These meetings are important for the maintenance of our programs, but we need your input!!

**BAND BOOSTERS MEETING:**  
Wednesday, January 15, 2025  
6:00 pm - High School Music Pod

**ORCHESTRA BOOSTERS MEETING:**  
Monday, January 20, 2025  
6:00 pm - High School Music Pod

We hope to see you there!

## Give Back to Rockwell

- Amazon Smiles - Designate Rockwell PTO as your charity of choice!
- Box Tops - Download the app and start scanning your receipts
- PTO Sponsors - 3 Levels of Sponsorship. Sponsors receive free entrance to PTO events, a free concession item, and half off 1 piece of Spirit Wear!



## Helpful Contact Information

### Follow us on Facebook!

<https://www.facebook.com/FortRockwellPTO>

**Rockwell Elementary PTO**

<https://www.facebook.com/sdfort>

**School District of Fort Atkinson**

### Check out these Websites:

<https://www.fortschools.org/Domain/273>

**Rockwell Elementary School**

<https://www.fortschools.org>

**School District of Fort Atkinson**

<https://www.myschoolmenus.com/instance/783/district/779>

**My School Menu**



### Main Office

*Mrs. Radloff, Administrative Assistant*

920-563-7818

[guthradloffh@fortschools.org](mailto:guthradloffh@fortschools.org)

*Ms. Walden, Principal*

920-563-7818

[waldenj@fortschools.org](mailto:waldenj@fortschools.org)

**Office Hours 7:15-3:45 M-F**

## Lunch Times & Prices

### Lunch schedule:

Kindergarten - 11:15

First - 11:35

Second - 11:30

Third- 11:00

Fourth- 11:55

Fifth- 12:00

### School Meals:

#### Cost for breakfast\*:

\$1.70 full price

30¢ reduced

#### Cost for lunch\*:

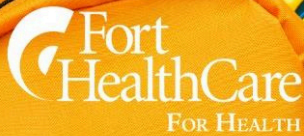
\$3.15 full price

45¢ reduced

45¢ A la Cart Milk

*\*Free for those who qualify*





# BACKPACK NEWS KIDS

## National Popcorn Day: Jan. 19th

Celebrate National Popcorn Day with a healthy spin! Popcorn can be a nutritious snack when prepared the right way.

Encourage kids to make their own "wellness popcorn" by using olive oil, adding a sprinkle of nutritional yeast for extra vitamins, or mixing in some cinnamon for a touch of sweetness. You can even turn it into a fun mindfulness activity by having a "popcorn tasting" with different flavors, focusing on the textures and flavors while practicing slow, mindful eating. It's a tasty and fun way to enjoy a snack while promoting healthy habits!

## From Stephanie Nanstad, School Nurse of Deerfield School District:

A new year is a natural time to focus on setting health and wellness goals, making this time of year the perfect opportunity to discuss the importance of health and wellness with your children. Encourage healthy habits and behaviors by making this a fun family activity to involve and motivate your child(ren) to adopt life-long healthy habits. Prioritize the basics: sleep, nutrition, and exercise. Start with simple changes and reflect on the positive impacts of healthy habits!

Start the new year by carving out some screen-free time each day with your kids. Whether it's a family board game, a walk outside, or cooking a meal together, these moments of connection create lasting memories and give everyone a break from digital distractions. It's a simple way to strengthen family bonds while making 2025 a year of more quality time together!

## Writing Your New Year Resolution

Let's write your health resolution! Here's how you can do it:

**1. Pick One Goal:** Choose one small goal that you want to work on. It could be something simple like, "I will eat one more fruit every day" or "I will play outside for 20 minutes after school."

**2. Make It Fun:** Health resolutions should be fun, not stressful! Think about ways to make your goal exciting. You can turn it into a challenge, like seeing how many days in a row you can eat a healthy snack, or pick a fun activity like dancing to your favorite song!

**3. Be Specific:** Make sure your resolution is clear. Instead of saying, "I'll be healthy," try something like, "I'll drink 8 glasses of water every day" or "I will walk my dog every weekend."

**4. Track Your Progress:** Write down how you're doing each week. You can make a chart or draw a picture to show your progress. It will be exciting to see how much you're improving!

**5. Celebrate the Wins:** Don't forget to celebrate every little success! Whether it's sticking to your goal for a whole week or just remembering to take your vitamins, give yourself a high-five for doing your best.

Remember, health resolutions are all about making small, positive changes that help you feel your best. It's okay if things don't go perfectly—what matters is that you keep trying and having fun along the way.

So grab a piece of paper, write your health resolution, and get ready to make 2025 your healthiest year yet!

You've got this!

Hey kids! January is here, and it's the perfect time to start fresh with fun, healthy goals for the new year. Setting goals is like making a map for an exciting adventure, and this year, you get to decide where you want to go in your health journey. Let's make sure the goals are small and easy so you can stick with them all year long!

Instead of huge changes, start with something simple. Maybe you could aim to play outside for 15 minutes every day or try eating one more fruit or veggie at lunch. Small changes can make you feel awesome, and before you know it, they'll become habits!

Also, remember that being healthy isn't just about exercise or eating right—it's also about how you feel inside. This year, why not take time for something that makes you smile? Whether it's reading your favorite book, doing a fun hobby, or talking to a friend, make sure to add some joy to your routine.

Most importantly, be kind to yourself. Some days, things don't go as planned, and that's okay! Just keep trying your best, and remember, every step counts toward making 2025 a year full of health, happiness, and fun!